
adapt (pg 1)

daddy's day in
despresso? espresso.
musée de gerbil

science (pg 1)

hum saath saath hain
science in nature

give/care (pg 2)

excel to excellence
some healthy competition
dial-a-chutkula

connect (pg 2)

gag gifs
don't worry be happy
corona 101



This artist is raising money for Delhi violence victims via [UMEED](#)

Tell me about a virus that is killing thousands of people around the world and I'll be deeply distressed. Tell me about a virus that is killing thousands of **old people** around the world and I'm ready to go to war. Old people are gems we don't deserve. Yes, they can be didactic (it is hard to sound impressed after the 45th retelling of how they killed it in home science), but they are repositories of knowledge. I don't mean sagely life advice, I'm talking pro-tips on living the life of legends, which are surfacing thanks to quarantine. Some retirees, used to a life of isolation with their partner, are [giving survival-tips](#) to younger couples. Others are [engaging in dance-offs](#) with their grandchildren...and winning. Our grandmother moved in with us earlier this year, and from sunbathing in designer sunglasses to relishing her ultimate weird-food-combo of pancakes with ketchup (disgusting, we know), she's been keeping us on our toes. I love old people because they seem to live a life without consequence; they take no shit, do whatever will make them happy, and are unapologetic about who they are. These are the things I want to learn, life-hacks from the elderly for living the badass life **before** I'm white-haired and toothless. It'll be frustrating at times, old people are far from politically correct, but it is a relationship worth investing in—even if it means putting up with pancake + ketchup.

PS: If you found our Easter eggs, you know all about our love for oldies! To see four delightful videos of old people living their best lives, go back to issue #5 and zoom into the QR codes on all 4 images. Using the camera app on another device, scan the codes, and voila!



The artist is raising money for PPE via [Makers asylum](#)

reasons to adapt

"So here I am, ignoring my daughter's pleas that she wants to play Odyssey because I can't kill a bison and thus make the recipe that will get me a jacket in a video game. I try to explain this to both her and my wife, and they decide that six feet is not sufficient social distancing," explains a 40-something dad in this [brilliant and amusing chronicle](#) about trying his hand at Legends of Zelda, a video game, as a way to connect with his kids during quarantine.

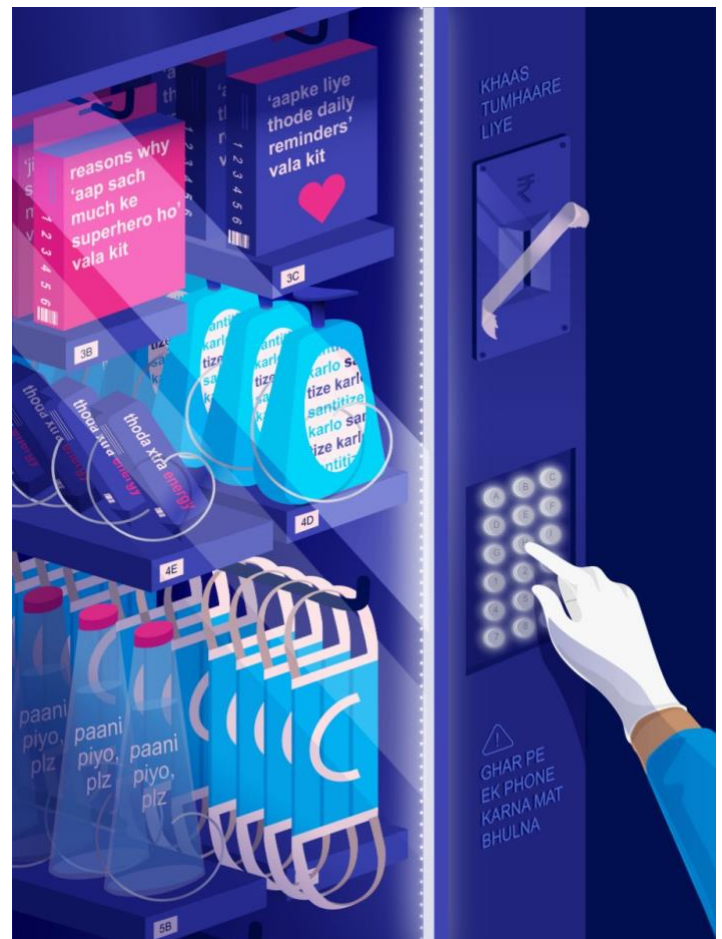
Everyone needs a little pick-me-up to start their days, especially essential workers. An [aspiring barista](#) is making free drinks and distributing them from his home window. A critical element of his operation: his son's toy gorilla arm to ensure contactless delivery and social distancing at all times!

Behold the newest wonder of the art-scene: "Mousa Lisa"! An Italian couple living in London has created a mini [art gallery for their pet gerbils](#) (think hamsters but cuter). From tiny paintings to benches to a "DO NOT CHEW" sign—you have to see it to believe it.

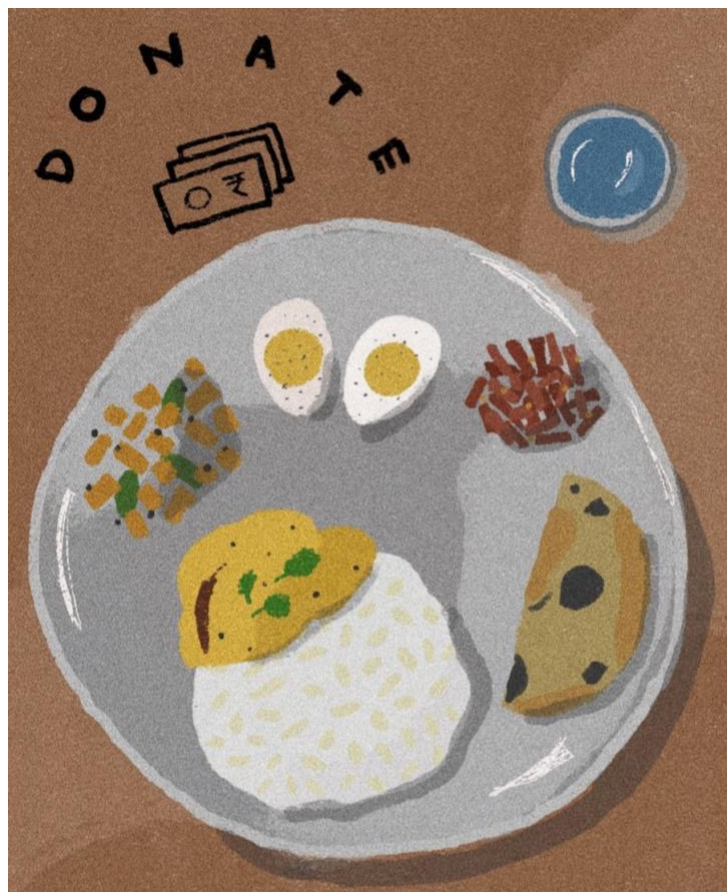
reasons to science

On April 13th, [India joined](#) the WHO's [Solidarity Trial](#), which coordinates global test results for potential coronavirus treatment. The WHO has flagged Remdesivir (or Ram-Desi-Vir, as we're sure our PM would prefer), an anti-viral previously used to treat Ebola and MERS, as the most promising of the lot. Results from [two clinical trials](#) are expected by the end of the month, while its use on critical patients (life support or ventilator) have yielded significant improvements for 2/3 patients by [inhibiting the virus' replication mechanism](#).

As a young economics student, I was fascinated by natural experiments: studies borne of random treatments that arise serendipitously (not in a controlled lab environment). The current crisis has brought the world to a gripping halt but this might be an [unprecedented opportunity](#) to mount a few global natural experiments. Imagine trying to convince Modi to stop all public transportation in Delhi for a month because you wanted to study the impact of car emissions on pollution and health. What if you wanted to understand the impact of forced physical proximity on divorce rates (Big Boss anyone?). Maybe, just maybe, we emerge from this pandemic with a better understanding of ourselves.



The artist is raising money for PPE via [Makers asylum](#)



The artist is raising money for food supplies via [SEEDS](#)

reasons to give/care

Jack Dorsey, founder of Square and Twitter, [committed \\$1B](#) to the battle against Covid-19. That's about 5% of the Indian govt's total relief package— donated by a single individual. What we love most, perhaps, is the transparency associated with the commitment: a single, publicly available google sheet tracks all funds disbursed till date. [Click here](#) to see!

Let's give credit where credit is due. According to a reply submitted by the central govt. to the Indian Supreme Court, [NGOs outperformed 13 state govts](#) in providing free meals to needy citizens. Limited menu, but no one's complaining. *P.S. As the lockdown is extended till May 3, we urge you to continue your generosity – your donations are helping!*

While some senior citizens have mastered the smartphone game, the good-old landline is still the Holy Grail for most. Keeping this group in mind, Canadian teens have set up a [free phone hotline](#) regularly updated with jokes, stories, and more, to keep them entertained in quarantine. Who knows, maybe even you are tempted to dial 1-877-JOY-4ALL today!

reasons to connect

Ever wondered what you would look like if you were an Elvis impersonator? If you had the body of a pear? What about how you'd look if you were Circuit, and your sister Munna Bhai, both grooving to the best possible *tapori* moves? Waste an hour of your day on [JibJab](#), an app that lets you put your face on hilarious GIFs like these, and live vicariously!

There is a rich tradition of psychology research to suggest a strong correlation between loving relationships and health (see: this fascinating 75-year Harvard [study](#)). They find a single, overwhelming predictor: Those who are happy with their relationships live longer; those who aren't, don't. Make a list of what makes you happy and share it with someone whom you care about—why not use this time to add years ([and happiness](#)) to your life!

If you heard the PM's speech this morning, you'll notice the absence of some important details. Namely, what exactly a virus is. For most of us, this requires no explanation—middle school science has prepared us to understand the basic biology of a pandemic. But for some, the vague images of a spiky ball and demons named 'Corona/ Karuna' can be confusing. If you're quarantined with someone who didn't have the benefit of an education, take a few minutes to explain some essential terms in words they'll understand. Start with: virus, pandemic, vaccine, social-distancing and why it's important!

*That's all for today, happy Ambedkar Jayanti! As always, let us know what you think, [subscribe \(click here\)](#), and **stay safe**. M&S.*